



Step Up to Success

The Glastonbury Chamber of Commerce's
4th Annual Professional Women's Forum

Friday, May 13, 2011

The Hartford Club, 46 Prospect Street, Hartford

\$60 per person



11:00 am	Exhibitor booths open
12:30–2:00 pm	Sit-down luncheon
2:15 – 3:00 pm	Workshop session 1 <i>(see workshop descriptions on next page)</i> <input type="checkbox"/> Ancient Medicine for a Modern World <input type="checkbox"/> Money Hasn't Left the Planet
3:15 – 4:00pm	Workshop session 2 <i>(see workshop descriptions on next page)</i> <input type="checkbox"/> Common Decency in the Workplace <input type="checkbox"/> Finding the Courage to Claim Your Dreams
4:00 – 5:00pm	Exhibitor booths open Dessert & champagne send-off

Do you have a new or barely worn pair of woman's shoes? Please bring a pair or two with you and get entered into a special drawing. All shoes will be donated to Dress for Success, a non profit organization that provides professional clothing, confidence boosts, and career development to low-income women. Please bring your donated shoes in a shoe box.

Register on-line at www.glastonburychamber.com/events.

Questions? Contact the Chamber at (860) 659-3587.

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Ancient Medicine for a Modern World

Traditional Chinese Medicine (TCM), including acupuncture and herbs, is the system of healthcare that treats 2/3 of the world's population. Yet western culture is still very unfamiliar with this powerful form of healing and still a little bit skeptical. We will explore the history of this system as well as try to demystify what it is in order to help you understand how it works, what it has to offer, and how it can be incorporated into an overall part of your healthcare. We will learn the theory of Yin & Yang, 5 elements and 8 parameters. We will talk about Chinese pulse diagnosis and examination of the tongue both of which give a tremendous amount of information about what is going on in the body. Join us for a fun and interesting talk and learn some easy take home tips on how to help yourself with headaches, back pain and more.

Presenter:

Debra Diers, L.Ac, DOM, RN



Debra is the owner and practitioner at Accupuncture & Wellness. She offers acupuncture and Chinese herbal medicine for maintenance and restoration of health and wellbeing. Her practice has a strong focus on fertility as well as all types of pain and problems. In practice in Glastonbury for 19 years. Debra is the president of the Connecticut Society of Acupuncture & Oriental Medicine.

Money Hasn't left The Planet - The Hidden Dimension of Financial Success

Despite our current economic recession, money hasn't left the planet!!! Money never actually disappears – it simply shifts location. You can either follow the money or attract it. What YOU need is Money P.O.W.E.R.!!! The Money P.O.W.E.R.™ program teaches the hidden, or spiritual dimension of financial success. This course is designed to help participants recognize the intangible factors that influence financial success such as beliefs about money and how that can be debilitating, connections, and creativity. Participants also learn how to apply time-tested, power-principles to attract and build financial well being. This workshop will help you conquer your fears and anxieties about money, reprogram your mind and transform your thinking, strengthen your personal brand, and generate goodwill that will set you on the path of financial abundance.

Presenter:



Princess Bola Adelani (a.k.a the Total Success Coach)

After a career in corporate law, Princess Bola chose to pursue her passion: motivating people to gain the knowledge, power, and skills to pursue their passions, live their dreams, and realize their potential. She founded Royal Proclamations, a corporate training, coaching, and speaking practice, which inspires thousands of men and women to greater personal and business fulfillment. Princess Bola ia a dynamic, bold, and engaging speaker, who blends humor and wit with inspiring wisdom.



Common Decency in the Workplace

This interactive, award winning workshop offers insight into the diverse, multi-generational, complex workplace of today, where employees embrace an environment that allows them to reach their full potential, regardless of their age, sex, race religion, ethnicity, sexual orientation, or disability. This workshop provides keen understanding of the importance of fair and consistent treatment of all employees, as they may be placing themselves as well as their organizations at risk when behavior is unprofessional or worse, illegal. The program emphasizes the fact that there is a strong link between employee satisfaction, customer loyalty, and profitability. The program also reinforces the importance of fostering and promoting a professional work environment at every level and illustrates the consequences that may be realized if “common decency” in the workplace is ignored.

Presenters:



Lynn Janczak, VP, Business Development, Learning Dynamics

Lynn is an international marketing and business development executive with more than 20 years of experience in Fortune 500 organizations. She spent four years in San Francisco, where she worked as a marketing and business development consultant to the legal profession, handling executive training, business development, public relations, and event planning and execution. A prolific writer, Lynn’s feature articles have appeared In The Wall Street Journal, The San Francisco Chronicle and The New York Times.

Barbara Phillips, Sr. Vice President, Learning Dynamics

Barbara has 25 years of successful management and consulting experience with a broad background in sales, financial planning and banking, marketing and human resources. Her success as an entrepreneur, corporate trainer and human resources executive has resulted in forming business partnerships across industries. She combines a pragmatic approach to business with strong creative abilities that have uncovered new business opportunities nationwide.

Finding the Courage to Claim Your Dreams: In Ten Easy Steps – or - Maybe in Just One Big One!

Your dreams are what call you to become who you are meant to be. They are the souls way of calling you to keep taking the next step, the next risk, the next leap of faith, constantly calling you and supporting you as continuously unveil all that you are and are capable of becoming.

Have you ever wondered when you were going to get your chance to really begin living your life? Have you ever thought that there must be more to this life than what you are living? In my experience only that happens when you are being called to take that next step.

A common mistake people make when this happens is that they try to logically think of their dream. Fortunately, or unfortunately, dreams do not live in logic; they live in your soul, in your heart, and in adventure. They live in a world we frequently think of as impossible yet a world that is readily available - if we only reach for them. Come risk, reach, and celebrate, right now!

Presenter:

Dr. Dorothy Martin-Neville



Dr. Dorothy is a psychotherapist, executive coach, international speaker, author, and healer. Dorothy’s message to each of us is to passionately live this journey rather than survive it - in order to achieve success and health. She empowers her listeners while speaking with humor, and profound spiritual insight, calling us all to live our lives fully becoming who we are meant to be, passionately and vibrantly, one dream at a time...

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